



## **Instructions for Use – PRO-SYS® Floss Threaders**

### **Purpose:**

Floss threaders help guide dental floss between teeth and under dental appliances such as braces, bridges, and retainers for effective oral hygiene.

### **Directions for Use:**

#### **1. Prepare the Floss**

Cut approximately 18 inches (45 cm) of dental floss.

#### **2. Insert Floss into Threader**

Pull 4 to 5 inches (10–15 cm) of the floss through the loop of the floss threader.

#### **3. Position the Threader**

Gently guide the pointed end of the threader through the space between your teeth or under your dental appliance.

#### **4. Floss Thoroughly**

Once the floss is through, hold both ends of the floss and clean the area by gently sliding the floss up and down against the sides of the teeth and under the gumline.

#### **5. Repeat**

Remove the floss and threader, rinse if desired, and repeat the process for each area needing cleaning.

### **Caution:**

Use gentle pressure to avoid damaging gums. Dispose of the floss after use; floss threaders can be reused if cleaned properly.