



*whitening*

30% HP IN-OFFICE  
**DUAL BARREL SYSTEM**

PRO-SYS Whitening  
Quick Start Guide & User Manual

REV.12/2020



## Welcome

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### Welcome to a better way to build your whitening practice!

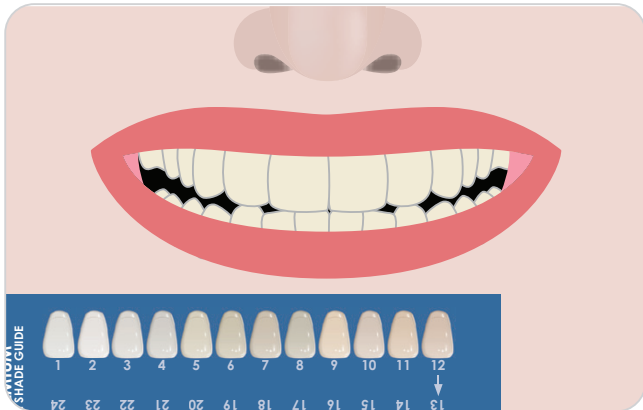
PRO-SYS in-office whitening enables you to safely, easily dazzle patients with immediate results. It's everything you need to drive revenue and deliver proven results patients will love.

#### **PLEASE READ INSTRUCTIONS PRIOR TO USE**

**CAUTION:** *If at any time during the procedure, the patient feels a tingling or burning sensation, remove the whitening gel and gingival barrier immediately, rinse thoroughly with copious amounts of water, and treat the affected areas with desensitizing and remineralizing paste, or an aloe vera based gel or Vitamin E.*

*\*To reduce potential sensitivity, prescribe a desensitizing toothpaste. It is recommended to dispose of all whitening gel after each treatment.*

## 1. Shade Analysis



Prior to beginning the whitening procedure, color match the teeth with the provided shade guide and take “before” photographs for your records.

## 2. Preparation

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Clean the teeth by using a prophyl angle and pumice (do not use prophyl paste).

### 3. Vitamin E Oil Application

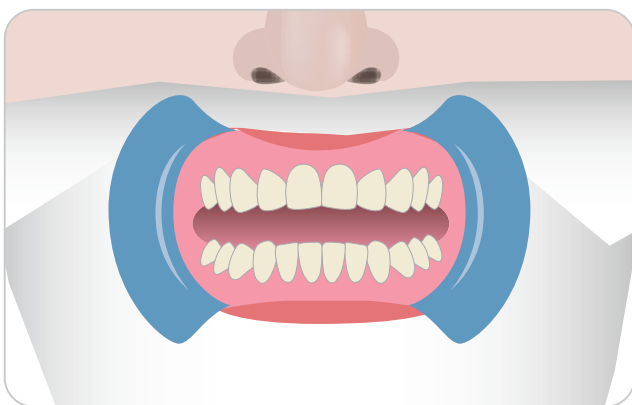
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Hold the Vitamin E swab vertically with the red line at top. Snap the swab at the red line to begin the flow of liquid downward. Apply the oil generously to the upper and lower lips to soothe tissue during the procedure.

## 4. Site Setup

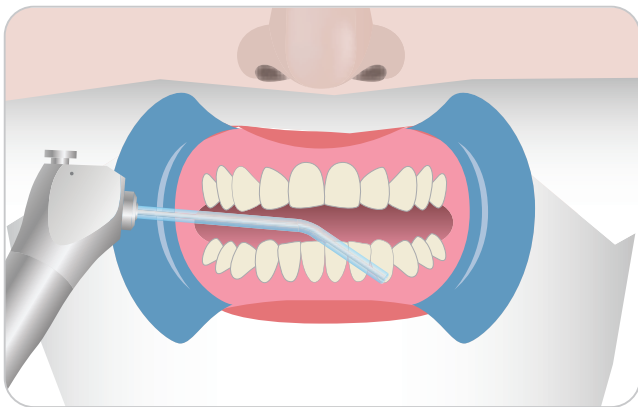
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Place cheek retractor and support the lips by placing cotton rolls in the vestibules.

## 5. Air-Dry Gum

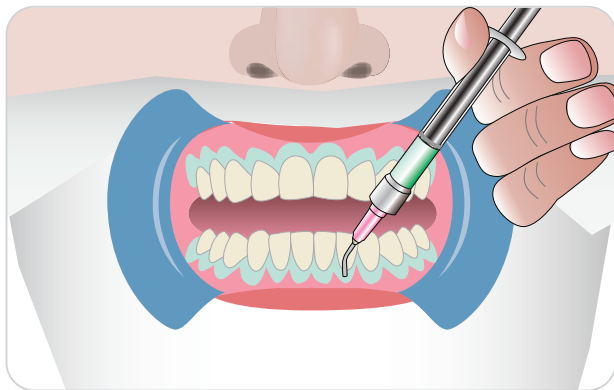
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Use an air/water syringe to thoroughly dry the gum area.

## 6. Gingival Protection

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Apply the gingival barrier material on to the gingival, be sure to cover all exposed root surfaces.



## 7. Gingival Barrier Curing

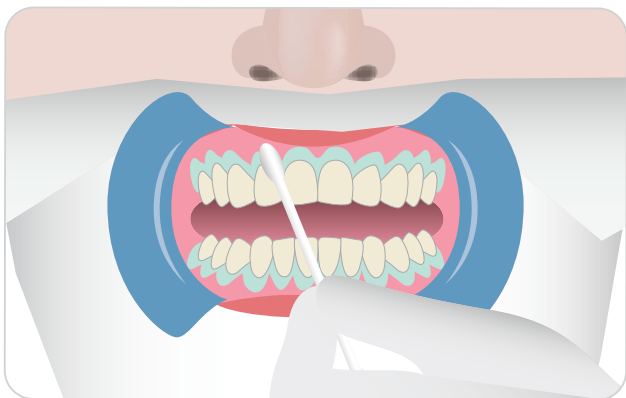
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Cure each quadrant of the barrier with a curing light for 10 seconds, or with a bleaching light for 1 minute for the upper and lower arch separately.

## 8. Vitamin E Oil Application

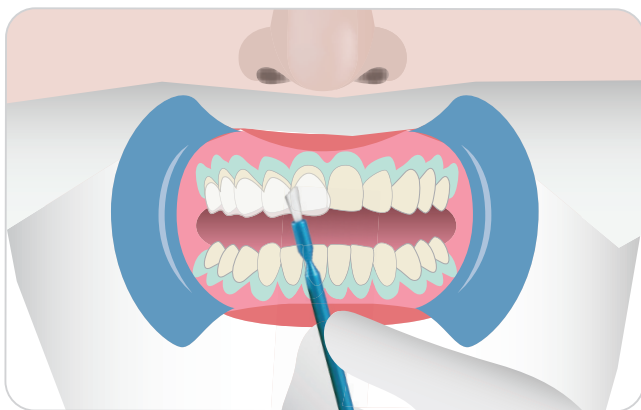
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Apply another swab of Vitamin E oil to the exposed root surfaces after the gingival barrier application. This will help to further soothe the tissue during the whitening procedure.

## 9. Apply Whitening Gel

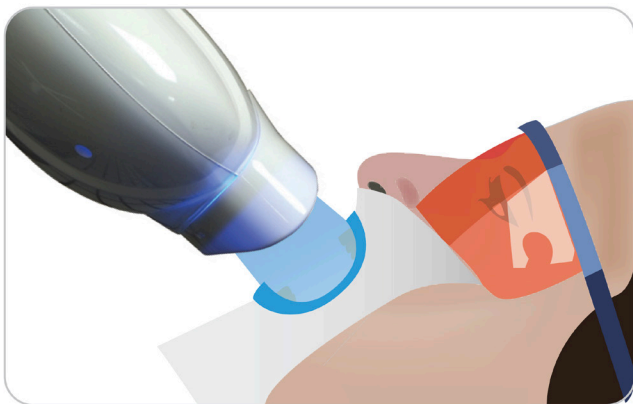
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Carefully apply the whitening gel to the surfaces of the teeth using the mini brush. Cover all interproximal surfaces and distribute the gel evenly to a thickness of approximately 2 mm, maintaining about 1 mm of space from the gingival.

## 10. Optional Light Curing

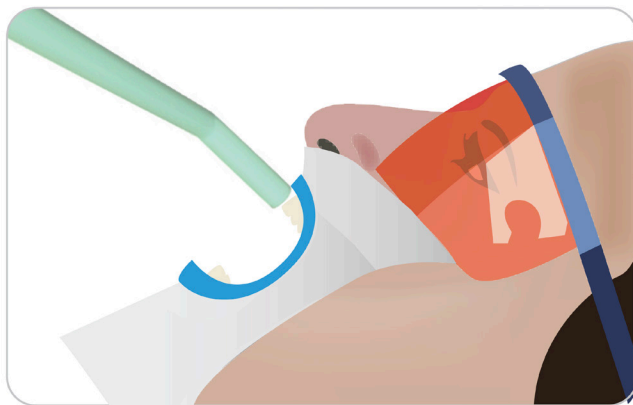
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Apply light from a bleaching light unit by placing the head against the patient's mouth, and activate the programmed 15 minute session.

## 11. Additional Applications

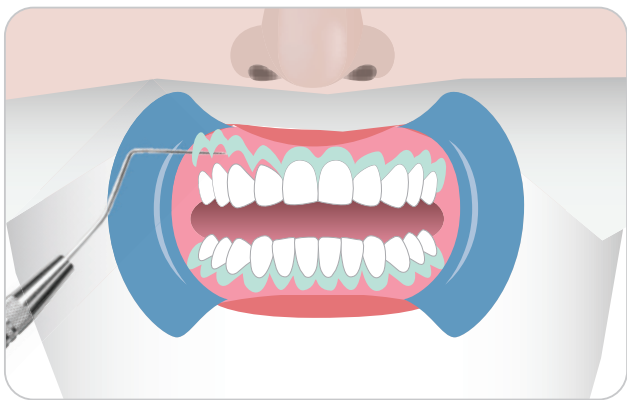
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Clean the gel from the teeth between applications by suctioning, **DO NOT RINSE** (patient's teeth must remain dry before applying whitening gel). Repeat steps 9-10 for the second and third applications.

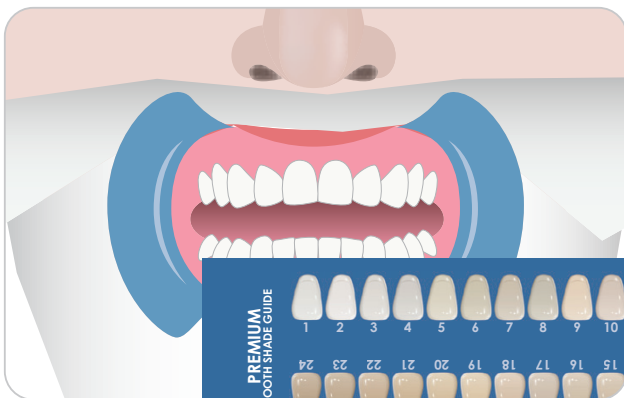
## 12. Clean Up

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Remove the gingival barrier by gently lifting at one end with an explorer and peel. Rinse and carefully inspect the gingival, and treat discolored areas with an aloe vera based gel or Vitamin E.

## 13. Shade Analysis



After the whitening procedure, color match the teeth with the provided Shade Guide and take “after” photographs for your records.



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For product information, call 1.800.GO.BENCO.

*Please refer to instructions for more detailed information  
as well as precautionary information.*