



Benco Dental™ Cold Packs

Single-Use Instant Cold Compress

Intended Use

Benco Dental™ Cold Packs are designed to control and alleviate pain and swelling associated with minor injuries such as strains, sprains, bruises, pulls, and burns.

They may also be used to help relieve discomfort caused by fever, headache, toothache, or insect bites.

Directions for Use

1. Shake contents to the bottom of the bag.
2. Locate the inner fluid pouch and squeeze firmly to rupture.
3. Shake briefly to mix the contents.
4. Wrap the cold pack in a towel or cloth before applying to the skin.
5. Apply to the affected area for relief.

Performance Characteristics

When activated and used at room temperature (20°C–24°C):

- For cold packs 6" × 9" (15 × 23 cm) and larger:
 - Minimum cooling temperature $\leq 4^{\circ}\text{C}$
 - Temperature rise $\leq 10^{\circ}\text{C}$ after 15 minutes
- For cold packs smaller than 6" × 9" (15 × 23 cm):
 - Minimum cooling temperature $\leq 4^{\circ}\text{C}$
 - Temperature rise $\leq 12^{\circ}\text{C}$ after 15 minutes.

Contraindications

Cold therapy should not be used by individuals with the following conditions:

- Raynaud's Phenomenon
- Cold hypersensitivity, including:
 - Cold urticaria (hives)
 - Cold erythema (rash or muscle spasms)
 - Cold hemoglobinuria (rapid red blood cell breakdown)
- Areas of numbness or altered sensitivity (anesthesia)
- Cardiac conditions (arrhythmia, angina, coronary heart disease)
- High blood pressure
- Superficial nerves close to the skin
- Healing or open wounds.

Warnings and Precautions

- For external use only.
- Store at room temperature before use.
- Always wrap in a towel or cloth before applying to the skin.
- Do not use for any purpose other than intended.
- Individuals with circulatory issues should only use under a doctor's supervision.
- Do not sit, lean, or sleep on the cold pack.
- Do not use on infants.
- Use only under adult supervision.
- Do not puncture or ingest the contents.
- Avoid use on sensitive, numb, or broken skin.
- If contents contact eyes or skin, rinse thoroughly with clean water.
- Do not refreeze or refrigerate for reuse.
- For persistent or severe pain, consult a physician.

Storage Conditions

Store at room temperature, away from direct sunlight.

Shelf Life: 4 years.

Product Information

Net Contents: Single-use cold pack

REF: [Insert Benco item number]

Country of Origin: China

Distributed by

Benco Dental Supply Company

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